

Your Code



THINK FC

• Authentic • Connect • Trust

Our **VALUES** serve as a **CODE** which we strive to live by.

Have a **THINK** about your **VALUES**. Do you know what they are?

What's important to you?

Have a look at the values list opposite to get you started. Do any of them apply to you?

If you are stuck you might want to **THINK** about your journey so far and what you valued the most along the way.

Take your time and try answering the following questions.

Making your code.

Have a **THINK** about your values.
What Values might you include?
Have a look at the list of values and see.

Connection

Authenticity

Trust

Solidarity

Democracy

Self-help

Self-responsibility

Equity

Equality

What else?



THINK FC

• www.thinkfc.org.uk •

Acceptance- To be accepted as I am

Achieve- To do well at things that are important to me

Adventure-To go on adventures and have exciting times

Attractiveness-To be physically attractive

Autonomy-To be determined and independent

Caring-To take care of others

Comfort-To have a pleasant and comfortable life

Contribution-To give and help others

Cooperation-To work with others to achieve something

Dependability-To be reliable and trustworthy

Environment-To appreciate and look after the environment

Excitement-To have a life full of exciting activities

Faithfulness-To be loyal and true in relationships

Fame-To be known and recognised

Family-To have a happy, loving family

Fitness-to be physically fit and strong

Forgiveness-To be forgiving of others

Friendship-To have close supportive friends

Fairness-To be treated and treat others fairly

Fun-To play and have fun

Generosity-To give others

Good will – To have a friendly, helpful and cooperative attitude.

Health- To be physically well and healthy

Helpful- To be helpful to others

Honesty-To be honest and truthful

Hope-To have a positive outlook on life

Humour-To see the funny side of myself and the world

Independence-To do things for myself

Intimacy-To feel closeness and attachment to others

Kindness-To be kind to other people

Learning- To learn and share my learning

Loved- To be loved by those close to me

Loving- To give love to others

Wealth – To have an abundance of the things we find valuable.

Peace- To live in harmony and not fight with others

Popularity-To be well liked by many people

Power-To be in charge of and responsible for others

Strength – the ability to persevere in a challenging situation.

Polite-To have good manners

Purpose-To have meaning and direction in my life

Responsibility-To make and carry out responsible decisions

Risk-To take risks and chances

Safety-To be safe and secure

Self – Acceptance-To accept myself as I am

Self- Control-To be able to say no

Time to myself-To have time and space to be by myself

Tolerance-To accept those and respect those who differ from me

World Peace- To live in a peaceful world